

Wellspring Women & Girls Health Hub

Micah Projects is preparing to offer services at the newly established Women and Girls' Health Hub in Caboolture. This Hub is designed to provide services to all women and girls, following our Wellspring integrated model of care.



We want to create partnerships to extend services and build relationships to improve health and social outcomes for community members.

At Micah Projects, we work alongside the community to determine the services that are truly needed. Rather than duplicating existing services, we focus on filling unmet needs.

Services

The Hub will offer a welcoming, private, women-friendly space for health and related services and include medical, nursing, counselling, social support and specialist services. True Relationships and Reproductive Health, Respect Inc., Women's Health and Equality Queensland will also offer services. Key features of the Hub include:

- » Free services for women, including those without a Medicare card
- » Walk-in services with no appointment required
- » Flexible, holistic care
- » Easy service navigation
- » Outreach and targeted programs
- » Privacy and confidentiality

Who will we work in partnership with?

Working in partnership with individuals and communities, we will offer diverse experiences and responses, inclusive care and support, and reduce barriers to receiving care and support.

Listening to community

We want to engage with the community in shaping the services offered at the Hub. To gather feedback, we'll be hosting:

- » Community Lunches
- » Listening Posts for local health services and practitioners

For more information on these events, please visit our website or contact the Health Hub directly by calling **07 5294 9670** or emailing women.girlshealthhub@micahprojects.org.au.

About Micah Projects

Micah Projects is a not-for-profit organisation dedicated to creating justice and responding to injustice in our community. We believe that every child and adult has the right to a home, healthcare, education, income, safety, dignity, and meaningful connection.

At Micah Projects, we've been addressing health inequalities faced by people we support, such as people living with:

- » disability
- » homelessness
- » violence
- » trauma
- » poverty
- » social isolation.

These groups often experience higher rates of poor mental and physical health than the general population.

We acknowledge Traditional Owners of Country throughout Australia and recognise the continuing connection to lands, waters and communities. We pay our respect to their Elders past, present and emerging.

We use a social and clinical model of health, recognising that a wide range of factors—such as income, employment, housing, education, and social support networks—impact a person's health. We also understand that improving physical health can contribute to positive changes in areas like relationships, housing, and employment.

As part of our work at Micah Projects, we integrate clinical nursing staff into our teams to provide a holistic, multi-disciplinary approach to health, housing, and social support. Our focus is on accessible healthcare that responds to each person's unique needs. Identifying health concerns and linking individuals with the appropriate professionals are key activities in our work.

Our Wellspring model of care, is based on a collaborative ecosystem of integrated sites and services for women, children and families.

