



Micah Projects **Parents as Teachers**

Parents as Teachers is an **early childhood home visiting program** that is designed to help you learn more about your child's development, to support you in meeting the challenges of family life, and to help you identify and address any concerns you may have.

Micah Projects' family support and early childhood workers have undertaken training to become accredited Parent Educators in the Parents as Teachers Program.

The trained workers are available to support you to give your child the best start in life and prepare for child care and/or school, to feel more confident about caring for your child/ren and to create a strong, happy and healthy family environment.



WELLSPRING

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with children & families

home | safety | learning



Photography: Katie Bennett, Embellysh.

Who is Parents as Teachers for?

Any parent or pregnant woman engaged with Micah Projects who has children 0 - 5 years old (or school entry age) can participate in the program.

What does Parents as Teachers offer?

If you decide to participate in the program, a worker accredited as a Parent Educator will first get to know you better to learn about your family and your needs and will help you to set goals and make a plan for achieving them. As you progress towards your goals, we will work closely with you to ensure you have a stable home and to help you solve problems or concerns you may have.

What to expect

Home visits

The accredited worker will visit you in your home once a fortnight. During these visits you will:

- Receive information about antenatal care for healthy growth and development of your baby
- Receive age-appropriate child development and parenting information
- Learn to observe your child and recognise his or her needs



Wellspring Early Childhood Hub
Photography (top and bottom left): Katie Bennett, Embellysh.



- Have any parenting concerns you may have addressed
- Engage in play activities for you and your child to develop the parent/child relationship and enhance your child's development.

Screenings

We will assist you to access screening of your child's vision, hearing and development so any problems can be identified and treated as soon as possible.

Resource network

We help you identify and connect with resources and services in the community you may need to give your child the best start to create a strong, happy and healthy family and to increase your parenting confidence.

Group connections

We offer a range of groups to parents and children focussed on parent-child interaction, development centred parenting and family well-being.

How can you get started with Parents as Teachers?

To find out more information:

- talk to your Micah Projects' Young Mothers for Young Women worker, or
- phone 3394 9100 or
- email ytyw@micahprojects.org.au

You can find out more about Micah Projects at www.micahprojects.org.au

