

MICAH PROJECTS

ANNUAL CHRISTMAS HAMPER APPEAL

We need your help to make food hampers for people in need this Christmas

You can help in 2 ways...

1

MAKE A DONATION

Your donation means we can purchase food items and fresh fruit to include in the hampers.

Donate online at www.micahprojects.org.au or contact Micah Projects on 3029 7000.

All donations over \$2 are tax deductible.

2

DONATE NON-PERISHABLE FOOD ITEMS SUCH AS:

- Christmas cakes
- mince pies
- tinned turkey
- tinned ham
- long-life custard
- long-life milk
- pasta & pasta sauces
- noodles
- rice
- stir-fry sauces
- cereal
- soft drink & cordial
- soups
- biscuits
- chips
- nuts
- lollies
- spreads
- spaghetti
- baked beans etc
- tinned fruit
- tinned veggies
- tinned meat
- tinned fish

please ensure all food is within use by dates

You can deliver food to:

Micah Projects

Ground floor, 162 Boundary Street
West End Q (behind Dominos Pizza)
Office Hours 8am - 5pm



MICAH PROJECTS INC



Breaking Social Isolation
Building Community

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