

INFORMATION PACK

Community Connections

Cook and Share Volunteer

MICAH PROJECTS **Breaking Social Isolation Building Community**

profit organisation with a vision to create justice and respond to injustice at the personal, social, business and society. We believe that every child and adult has the right to a home, an income, healthcare, education, safety, dignity, and connection with their community of choice.

We work to break down barriers that exclude people from housing, healthcare, employment, and meaningful connections, and to give people a voice. We assist and support each individual or family including children, to resolve crisis, break social isolation, have a home, access health and community services, and build community.

Micah Projects provides a range of support and advocacy services to individuals and families according to their needs and capacity. We ensure the immediate needs of participants are met in a supportive, informed and respectful manner.

It is important to Micah Projects that people feel welcome, have choices and do not experience discrimination when working with Micah Projects. It is our aim to work with participants, each other and our partners to respectfully share knowledge, ideas, resources and skills in order to improve the service for the people we support, and the people that work as a part of the organisation.

Equal Opportunity

Micah Projects is an equal opportunity employer and promotes access to positions to individuals from a diverse range of social and cultural groups. We acknowledge the First Peoples of Australia as the traditional owners of this land and support their right to self-determination and cultural expression. We recognise that Brisbane is a diverse community and acknowledge the needs of individuals, families and communities relating to age, gender, disability, sexuality and economic status.

Child Safe Organisation

Children and young people are entitled to live in a caring and nurturing environment and to be protected from harm and exploitation. Micah Projects is a child-safe and child-friendly organisation that prioritises the safety and wellbeing of children and young people. We actively provide guidance for management, staff and others in identifying and responding to concerns about the abuse or neglect of a child or young person in contact with the organisation.

Quality statements

Micah Projects is committed to adhering to well defined, effective procedures that are designed to ensure the quality of our services and activities. We expect staff to understand the relevance and importance of their activities and how they contribute to achieving the quality objectives, and to proactively work and operate within the organisation's quality system.

WHS Statement

Everyone has a right to feel safe at work, and Micah Projects is committed to minimising the risk to any staff member, student, volunteer, contractor, consultant and Board member within the organisation. We work collectively to comply with the *Work Health and Safety Act 2015*.



Position Overview

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Cook and Share Volunteer

Reports to

Community Connections Cluster Lead

Employment Status

Volunteer

Based at

South Brisbane and West End Q 4101

Team

Community Connections

Line Manages

Nil

Hours of Work

3-4 hr per week

Micah Projects – Community Connections?

The Cook and Share program is a Queensland State Government funded project, The Stay Connected Fund and an initiative of Micah Projects. The Cook and Share program is for women over 55 years of age who are experiencing isolation and loneliness and at risk of Homelessness. The format design of the program is a short course workshop series where participants learn basic skills in food preparation techniques, food storage, nutritional principles, meal planning, meal budgeting and event hosting. This program aims to provide women over 55 years with an opportunity to cook and share, create and connect. To build new skills and increase opportunities for social connection, breaking social isolation and building community.

Position Description

As a Cook and Share volunteer, you will....

Assist program facilitator with a variety of duties to support program participants to learn basic skills in food preparation techniques, food storage, nutritional principles, meal planning, meal budgeting, meal preparation, cooking and event hosting.

Responsibilities

- » To ensure a positive and welcoming environment for program participants
- » Food Preparation
- » Cooking
- » General tidy up and cleaning of kitchen (no heavy-duty cleaning)
- » Other duties as required

Interactions and Relationships

- » Participants
- » Social Inclusion Workers
- » Volunteer Coordinator
- » Facilitators
- » Members of the Community

Criteria and Conditions

Driver's License: Preferred but Not Essential	Travel: Optional
Criminal History Screening: Blue Card	Assets: N/A

Essential

- » Ability to work as a part of a team.
- » A friendly personality and good interpersonal and communication skills.
- » Work with limited supervision and be able to take direction when required.
- » Be energetic, enthusiastic, and reliable.

General Conditions

- » All volunteers are to exhibit the values of Micah Projects, as outlined in the Code of Conduct.
- » All volunteers must utilise Micah Projects systems to facilitate the quality of the organisation's work and services.
- » Appointment to this position will be subject to a criminal history check, as outlined in the organisational Criminal History Screening Policy.
- » All volunteers will comply with Workplace Health and Safety legislation as outlined in organisational policy and procedures.

Volunteer Expression of Interest