

Nonviolence

Negotiation and Fairness

Seeking mutually satisfying resolutions to conflict. Accepting change. Being willing to compromise.

Non-threatening Behaviour

Talking and acting so that she feels safe and comfortable expressing herself and doing things.

Economic Partnership

Making money decisions together. Making sure both partners benefit from financial arrangements.

Respect

Listening to her non-judgmentally. Being emotionally affirming and understanding. Valuing opinions.

EQUALITY

Shared Responsibility

Mutually agreeing on a fair distribution of work. Making family decisions together.

Trust and Support

Supporting her goals in life. Respecting her right to her own feelings, friends, activities and opinions.

Responsible Parenting

Sharing parental responsibilities. Being a positive non-violent role model for children.

Honesty and Accountability

Accepting responsibility for self. Acknowledging past use of violence. Admitting being wrong. Communicating openly and truthfully.

Nonviolence

Equality Wheel